



Peer Specialists Are Veterans Helping Veterans Build Bridges to Wellness

The Community Recovery Connections Team creates and supports Veteran social networks in Bedford, on the North Shore, South Shore, Merrimack Valley, and surrounding areas. We are Veterans in recovery; we offer guidance and bridging developed through our own lived experience.

The current state of affairs W/COVID-19 has impacted our daily lives dramatically. Many Veterans affiliated with CRCT are trying to live/maintain recovery of some sort. In this climate we are told to socially isolate, however Instead of socially isolating lets all try to remain "socially connected" but physically distant? Please accept these pointers on staying connected while we practice social distancing. Please remember; **peers are all Veterans and we want to help all vets as much as possible during this challenging time.**

Contact A Peer

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How to access AA or NA meetings remotely

AA Boston meetings

<https://aaboston.org/>

Comprehensive list

<https://thephoenixspirit.com/2020/03/accessing->

JOY, HOPE AND PEACE

2021

HAPPY HOLIDAYS!

MatildaStory.com

Christmas Alkathons

<https://holidayalkathon2020.com/>

<https://aaboston.org/wp-content/uploads/2020/11/BULLETIN-Final-December-2020.pdf>

Districts 7/8 6 pm 12/24-6 pm 12/25 & 6 pm 12/31-6 pm 1/1 ID 76204019733 PW District8

Districts 12, 13, 14 Dec. 24 5pm-11pm-Dec. 25 8 AM-9 PM. www.holidayalkathon2020.com

District 21. 3 pm 12/24-6 pm 12/25 ID 86283702018; PW sober2020. Need hosts.

District 23 8 pm-midnight 12/24 & noon-6 pm 12/25. ID 4984477158. PW Sober2020

Framingham Reflections 7 AM 12/24-7 pm 12/25 ID 556 890 7443. PW 91y9m9

Framingham Reflections 6 pm 12/31-midnight ID 556 890 7443. PW 91y9m9

Brookline Tuesday 7 pm 12/31-1 AM 1/1. Zoom 87680548828 PW 170621



Veterans Coffee Socials
Assisting those who have served!

Coronavirus safety

- Please use caution, use your own judgment and keep in mind other comfort levels
- Wash your hands regularly with soap and water, or clean them with alcohol-based hand rub.
- Maintain at least six feet distance between you and people coughing or sneezing.
- Stay home if you feel unwell.
- Practice physical distancing by avoiding unnecessary travel and staying away from large groups of people.
- when Joining these meetings use current CDC Guidelines.

WEEKLY COFFEE SOCIALS
Follow CDC Guidelines
Must wear a mask.
Bring your own Coffee/ Snack
Please follow CDC Guidelines

AUBURN: Tuesdays, 6:30 PM to 8:00 PM
Dunkin Donuts, 386 Southbridge St., Auburn

BEVERLY: Saturdays 8:30 AM to 10:00 AM
AMVETS Rocci Post 56, 143 Brimbal Ave, Beverly

BILLERICA: Fridays, 9:30 AM to 11:00 AM
High-Octane Harley, 1 Chelmsford Rd., Billerica

HAVERHILL: Thursdays 7:30 AM to 9:00 AM
Battle Grounds Coffee, 39 Washington St., Haverhill

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PLYMOUTH: Fridays 12 :00PM to 2:00PM
Nathan Hale Vets Ctr., 116 Long Pond Rd., Plymouth

NORTH CHELMSFORD: Tuesdays 930 to 11 the
American Legion. Vinal Post 313. 90 Groton Rd,
North Chelmsford, MA 01863.

Veterans Crisis Line
1-800-273-8255 PRESS 1

If you are experiencing anxiety or other symptoms the Veterans Crisis Line is always available. Talk, text, or chat. Call 1-800-273-8255 press 1
Send a text message to **838255**
confidential online chat session [Veterans crisis Line](#) .

We know this year is hard, Emotionally, and for some Financially. we are here for those who need emotional support for those who need Financial Support here are some resources for those who need it.

Fuel assistance
<https://www.mass.gov/how-to/apply-for-home-heating-and-energy-assistance>

Food assistance
<https://www.mass.gov/snap-benefits-formerly-food-stamps>
<https://www.foodpantries.org/st/massachusetts>

MONTHLY COFFEE SOCIALS

HULL: 1st Friday, 9:00 AM to 10:30 AM
K Of C, 440 Nantasket Blvd., Hull

WEYMOUTH: Last Friday, 9:00AM to 10:30AM
McCulloch Bldg., 182 Green St., Weymouth

Bedford VA's Monthly Veterans Free Produce Market is
December 17th 1230-2 PM