



20 BALLARD ROAD  
LAWRENCE, MA 01843



# NERLC Monthly Events

August | 2020 | NERLC Events

## *Connect with us*

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We would like to announce that we have created a more accessible document, which encapsulate all the NERLC virtual activities. We hope that this modification will make our content more convenient to read and share!”

<https://www.nilp.org/nerlc/>

[https://www.facebook.com/nerlc/?ref=page\\_internal](https://www.facebook.com/nerlc/?ref=page_internal)

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## Northeast Recovery Learning Community

### Who We Are

NERLC provides welcoming, safe, understanding, judgement-free spaces where individuals of diverse backgrounds can gather for healing and growth. We are a community of peers in recovery from mental health challenges, addiction and or traumatic life experiences. The NERLC supports individuals on their journeys to obtaining and maintaining wellness in a variety of ways, including: 1:1 peer support, peer support groups, self-directed recovery-oriented trainings, advocacy and through an array of community events and activities. We serve 69 cities and towns throughout the Northeast region.



781-219-0710



We are happy to launch our Virtual Groups and Meet-ups! We will be hosting meetings via a telephone conference line, ZOOM and Facebook Live.

I will be providing you with updates via our Facebook page, under the 'Events' tab. I ask that you join us, like our page, and invite others to do the same.

Our Managers will be hosting various events. Rachely will be on Facebook Live #Mindset Mondays, Diga Ud on Tuesdays and #Wellness Wednesday. All our Managers will be facilitating ZOOM meetings.

The rest of the month we have call in hours as well as groups that you can call into. Keep an eye out on our Facebook page for all these events and for upcoming events.

As always, I thank you for your support and contributions to our thriving community and we look forward to you being involved in our upcoming events.

## ZOOM GROUPS

### *Mondays*

General Peer Support with Lisa at 12:00

Virtual Pictionary with Mandy at 1:30

After Hour Discussion with Mike at 5:30

### *Tuesdays*

Peer Support Topics with Mike at 2

### *Wednesdays*

Creative Writing with Mike at 2

### *Thursdays*

After Hour Discussion with Mike at 5:30

### *Fridays*

Jeopardy with Mandy at 2:30

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## Facebook Live

With Rachely

[www.facebook.com/nerlc](https://www.facebook.com/nerlc)

#MindsetMonday @4pm

#DigaUd @11am

#WellnessWednesday @4pm

## UBERCONFERENCE CALLS 781-219-0710

These calls are available daily:

Peer Support

*Daily* with Lisa from 3-5pm

*Mondays* with Matt from 2-3pm

*Tuesdays* with Dave from 1-2pm

Bridging

*Mondays* from 10-11am

*Wednesdays* from 1-2pm

*Thursdays* from 1-2pm

### Older Adult Coffee Time

Hosted by Jed

*Mondays, Tuesdays and Thursdays*

11am-12pm

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### Peter Sanborn Support Group

Hosted by Joanne

*Fridays* 11am-12pm

This is for residents of Peter Sanborn Place. An older adult support group to talk on variety of topics.

## ZOOM LINKS

For security purposes some or all of these groups may require a password. You may contact the host to get the password to join the group.

### General Peer Support:

<https://us02web.zoom.us/j/83822893850?pwd=YVhpMU5tVFZ3TUhWUmhIODhtUVJtZz09>

Pictionary: <https://us02web.zoom.us/j/83842676670?pwd=eXZGU0o1dVRtZ0lLaG9VVVk3VVIOUT09>

### After Hour Discussion:

<https://us02web.zoom.us/j/81809381738?pwd=OFphSFFpbXgvMmhVOXdoQWVROHQvdz09>

### Peer Support Topics:

<https://us02web.zoom.us/j/108001858?pwd=NmxWRXpyaVNta0FmR1huUVk0c21aZz09>

### Creative Writing:

<https://us02web.zoom.us/j/83958281097?pwd=aU43bW9IN21DNWNEVVINdWJDYVFDdz09>

Jeopardy: <https://us02web.zoom.us/j/82698507143?pwd=bkhjUFpIZ2RvT3RjSz1BMDRUMFIKQT09>

Visit us on our Facebook page and click on the event tab to view more details on the group.

[www.facebook.com/nerlc](http://www.facebook.com/nerlc)

### Administrative and Marketing Asst:

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For more information on the group you may contact the host.