

# CRCT NEWSLETTER OCTOBER 2020

## Peer Specialists Are Veterans Helping Veterans Build Bridges to Wellness

*The Community Recovery Connections Team creates and supports Veteran social networks in Bedford, on the North Shore, South Shore, Merrimack Valley, and surrounding areas. We are Veterans in recovery; we offer guidance and bridging developed through our own lived experience.*

### *Follow CDC Guidelines*

If you are experiencing anxiety or other symptoms the Veterans Crisis Line is always available. Talk, text, or chat. Call 1-800-273-8255 press 1

Send a text message to **838255**

confidential online chat session [Veterans crisis Line](#) .



### **Call us we are Here**

#### Contact A Peer

Chuck D, MA, CPS (781) 687-2911 / (781) 382-5912

Hector E, CPS (781) 687-3909

Karen M, CPS (781)-687-3315 / (781) 885-5625

Jessica M, CPS (781) 687-2864 / (781) 885-4428

Tony R, CPS (781) 983 3571

Matt N, CPS (781) 825-3745

Erich Z, CPS (781) 389-7761

Steve H, CPS (781) 879-6185

Don A, CPS (781) 332-2619

Charlotte, D CPS (781) 825 5371

Jeremy K, CPS (339) 234-3990

Chuck C, CPS (781) 824-0347

Mike K, CPS (781) 971-3246

Trina P, CPS (781) 999-2725

Nick O, CPS (781) 687-2575

Helen S-D, CPS (781) 885-5823

[facebook.com/vetscoffee](https://www.facebook.com/vetscoffee)

### How to access AA or NA meetings re- motely

**AA Boston meetings**

<https://aaboston.org/>

**Comprehensive list**

<https://thephoenixspirit.com/2020/03/accessing-recovery-meetings-during-covid-19/>

### **# Be There**

New !!!

Afternoon Virtual coffee

Monday –Thursday

330-5 PM

Hosted by Chuck and Hector

Join Via phone; Dial number below and

when prompted enter ID

**+1 872-701-0185**

Conference ID: 282 576 735#

Or

Press the ctrl button and click on link

[# Be there meeting](#)






## Veterans Coffee Socials

*Assisting those who have served!*

**MONTHLY COFFEE SOCIALS**

**HULL:** 1st Friday, 9:00 AM to 10:30 AM  
K Of C, 440 Nantasket Blvd., Hull

**WEYMOUTH:** Last Friday, 9:00AM to 10:30AM  
McCulloch Bldg., 182 Green St., Weymouth

**WEEKLY COFFEE SOCIALS**  
*Follow CDC Guidelines*

Must wear a mask.  
Bring your own Coffee/ Snack  
Please follow CDC Guidelines

**AUBURN:** Tuesdays, 6:30 PM to 8:00 PM  
Dunkin Donuts, 386 Southbridge St., Auburn

**BEVERLY:** Saturdays 8:30 AM to 10:00 AM  
AMVETS Rocci Post 56, 143 Brimbal Ave, Beverly

**BILLERICA:** Fridays, 9:30 AM to 11:00 AM  
High-Octane Harley, 1 Chelmsford Rd., Billerica

**HAVERHILL:** Thursdays 7:30 AM to 9:00 AM  
Battle Grounds Coffee, 39 Washington St., Haverhill

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**PLYMOUTH:** Fridays 12 :00PM to 2:00PM  
Nathan Hale Vets Ctr., 116 Long Pond Rd., Plymouth

**LOWELL:** Tuesdays 10-1130  
163 Pawtucket Blvd Lowell MA  
Across the street from Heritage farm Ice Cream



# Veterans Crisis Line

1-800-273-8255 **PRESS 1**

## Virtual Coffee Social

Hosted By CRCT

Monday, Wednesday and Thursday 830-1000

**ZOOM ID**

Meeting ID: 526 356 833

Join Zoom Meeting  
[https://us04web.zoom.us/j/526356833?](https://us04web.zoom.us/j/526356833?pwd=cEZY3FaUHNjUmMzUjYxS1FzTGdRQTOg)  
[pwd=cEZY3FaUHNjUmMzUjYxS1FzTGdRQTOg](https://us04web.zoom.us/j/526356833?pwd=cEZY3FaUHNjUmMzUjYxS1FzTGdRQTOg)

**Call by phone**

+1 929 205 6099 US (New York)  
+1 312 626 6799 US (Chicago)

## The Bridge Club of Greater Lowell invites you to SECOND CHANCE JOB FAIR!

33 East Merrimack Street  
The Bridge Club of Greater Lowell is hosting a job fair  
**Monday November 9th from 9AM-3PM**

This job fair is centered around those in recovery and will include staffing agencies that work around certain barriers; such as long gaps in employment history, criminal records, or the inability to pass a CORI check.

Please come down to 33 East Merrimack Street, Lowell MA November 9th / from 9AM-3PM

